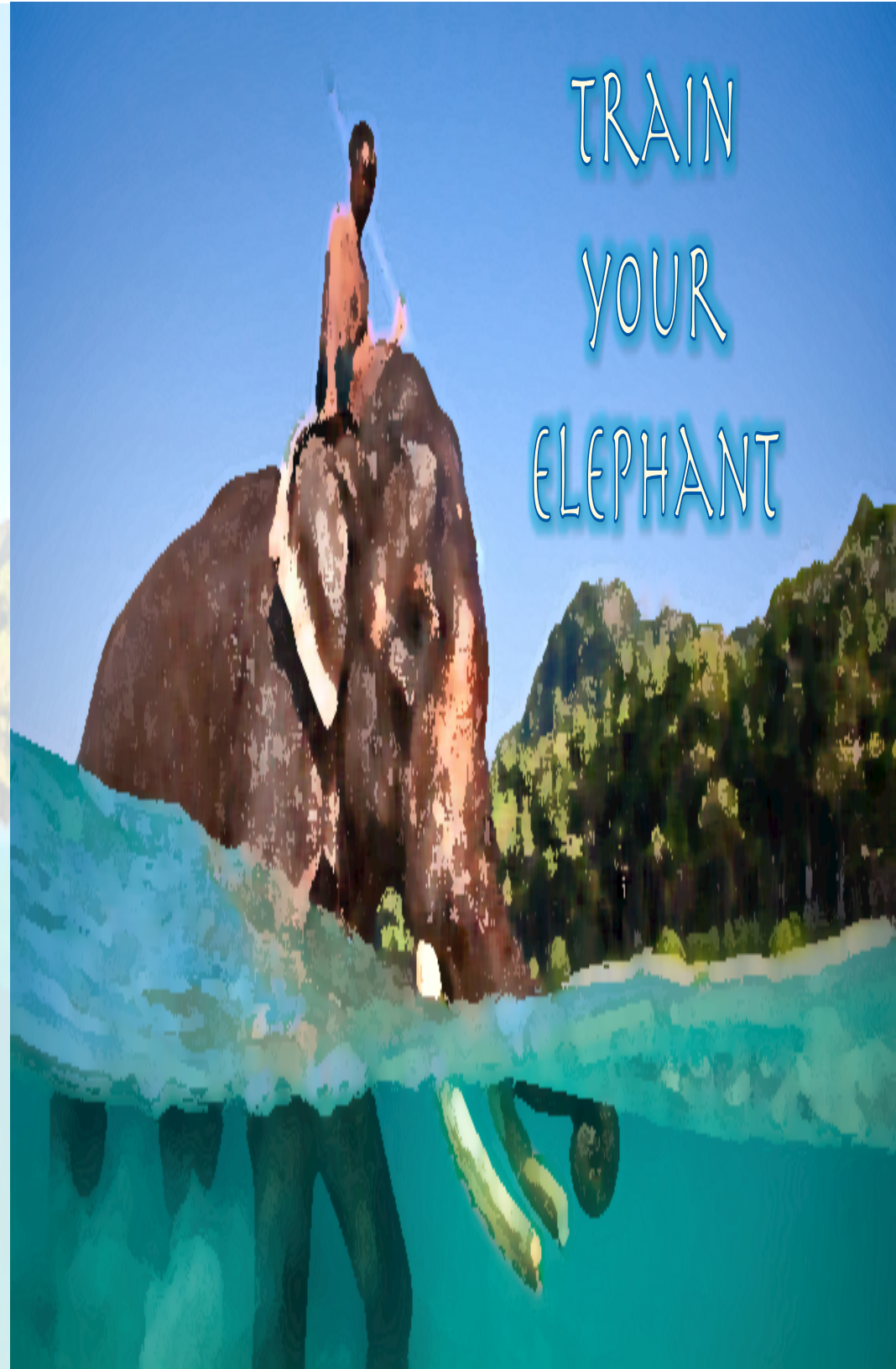




The Foursquare Church
Jesus Christ is the same yesterday and today and forever. Hebrews 13:8

TRAIN
YOUR
ELEPHANT



Train Your Elephant

Romans 7:15 (NLT)

15 "I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate."

Self-control regulates desires and impulses.

Muscle or Battery?

Cool Experiment:

1. Look for what's _____ there.

James 1:2 ESV

"Count it all joy, my brothers, when you meet trials of various kinds,"

Galatians 6:9 ESV

"And let us not grow weary of doing good, for in due season we will reap, if we do not give up."

2. Grow willpower while you _____.

Mark 6:31 NIV

³¹ Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, "Come with me by yourselves to a quiet place and get some rest."

Hebrews 4:9-10 NIV

⁹ There remains, then, a Sabbath-rest for the people of God; ¹⁰ for anyone who enters God's rest also rests from their works, just as God did from his.

3. Haste does make _____.

Romans 12:18 NIV

¹⁸ If it is possible, as far as it depends on you, live at peace with everyone.

Matthew 12:36 NIV

³⁶ But I tell you that everyone will have to give account on the day of judgment for every **empty** word they have spoken.

4. Train the _____.

Romans 2:12 NLT

² Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.